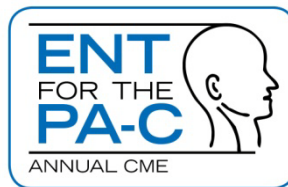


The Third Annual  
**ENT for the PA-C**  
April 26-28, 2013



**Presented By**

American Academy of Otolaryngology – Head and Neck Surgery  
Society of Physician Assistants in Head and Neck Surgery

**Hosted By**

New York Presbyterian Hospital/Weill Cornell Medical Center  
New York, NY



**Program**

The Third Annual *ENT for the PA-C* CME conference is co-presented by the American Academy of Otolaryngology - Head & Neck Surgery Foundation (AAO-HNSF) and the Society of Physician Assistants in Otorhinolaryngology / Head & Neck Surgery (SPAO-HNS). This continuing medical education activity is specifically designed for physician assistants, nurse practitioners and medical professionals working or interested in otolaryngology.

Lecture topics have been selected based on relevancy, practice need and audience requests from over seven years of lecture series. This program is not yet approved for CME credit. Conference organizers plan to request 24.0 hours of AAPA Category 1CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined. The activity was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

The course is organized to provide attendees with an excellent networking opportunity. Workshops are designed to maximize hands on learning with concise content and small group settings. This is also the ideal setting to meet, network and socialize with likeminded professionals from across the country.

**Important Information Regarding Your CME Credit**

In order to receive your e-CME certificate as verification of your completion of the *Third Annual ENT for the PA-C*, you must complete the post-test that will be provided via e-mail following the conference. If you do not receive the post-test via e-mail or do not receive your certificate following your completion of the test, please contact conference coordinator, Jessica Cosgriff, at [jessicacosgriff@gmail.com](mailto:jessicacosgriff@gmail.com).

## **Friday April 26, 2013 WORKSHOPS**

*(Optional workshops, up to 25 participants per session)*

**Location: Weill Cornell, Greenberg Center, 1305 York Ave.**

### **6:30-7:30 WORKSHOP REGISTRATION**

### **7:30-9:30 am Introduction to Fiber Optic Flexible Endoscopy 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Identify the anatomy visible on flexible fiber optic endoscopy.
- Recognize indications for the use of flexible fiber optic endoscopy.
- Perform flexible endoscope exams with appropriate technique.
- Recite the indications and instructions for proper endoscope care.

(Normal variants and abnormal findings will be discussed in The Advanced Course.)

### **7:30 – 9:30 am ENT Procedures Workshop 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Demonstrate removal of nasal foreign bodies
- Demonstrate control of anterior epistaxis.
- Demonstrate control of posterior epistaxis.
- Recognize indications for and demonstrate fine needle aspiration techniques.
- Recognize indications for and demonstrate drainage of peritonsillar abscess.
- Recognize indications for tracheostomy and detailed care of tracheostomy patient.

### **7:30 – 9:30 am Otology Workshop 5<sup>th</sup> Floor Conference Room**

Following this session the participant will:

- Demonstrate techniques for cerumen removal.
- Demonstrate techniques for foreign body removal from ear.
- Demonstrate manual pneumatic otoscopy examination
- Perform myringotomy
- Perform ventilation tube insertion.
- Perform intra-tympanic membrane injection

### **09:45-11:45am Advanced Fiber Optic Flexible Endoscopy 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Identify the normal anatomy, normal variants and abnormal findings visible on flexible fiber optic endoscopy.
- Perform flexible and rigid endoscopy exams.
- Perform flexible and rigid scope exams with appropriate technique.
- Recite the indications and instructions for proper endoscope care.
- Recognize the appropriate use of flexible and rigid endoscope for specific pediatric and adult disorders.

09:45-11:45am **ENT Procedures Workshop 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Perform removal of nasal foreign bodies
- Perform control of anterior epistaxis.
- Perform control of posterior epistaxis.
- Recognize indications for and demonstrate fine needle aspiration techniques.
- Recognize indications for and demonstrate drainage of peritonsillar abscess.
- Recognize indications for tracheostomy and detailed care of tracheostomy patient.

09:45-11:45am **Otology Workshop 5<sup>th</sup> Floor Conference Room**

Following this session the participant will:

- Demonstrate techniques for cerumen removal.
- Demonstrate techniques for foreign body removal from ear.
- Perform manual pneumatic otoscopy examination.
- Perform myringotomy.
- Perform ventilation tube insertion.
- Perform intra-tympanic membrane injection.

11:45-1:00 pm **LUNCH ON YOUR OWN**

12:30-1:00 pm **AFTERNOON WORKSHOP REGISTRATION**

1:00-3:00 pm **Introduction to Fiber Optic Flexible Endoscopy 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Identify the anatomy visible on flexible fiber optic endoscopy.
- Recognize indications for the use of flexible fiber optic endoscopy.
- Perform flexible endoscope exams with appropriate technique.
- Recite the indications and instructions for proper endoscope care.

(Normal variants and abnormal findings will be discussed in The Advanced Course.)

1:00-3:00 pm **ENT Procedures Workshop 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Perform removal of nasal foreign bodies
- Perform control of anterior epistaxis.
- Perform control of posterior epistaxis.
- Recognize indications for and perform fine needle aspiration techniques.
- Recognize indications for and perform drainage of peritonsillar abscess.
- Recognize indications for tracheostomy and detailed care of tracheostomy patient.

1:00-3:00 pm **Otology Workshop 5<sup>th</sup> Floor Conference Room**

Following this session the participant will:

- Demonstrate techniques for cerumen removal.
- Demonstrate techniques for foreign body removal from ear.
- Perform manual pneumatic otoscopy examination.
- Perform myringotomy.

- Perform ventilation tube insertion.
- Perform intra-tympanic membrane injection.

3:15-5:15 **Advanced Fiber Optic Flexible Endoscopy 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Identify the normal anatomy, normal variants and abnormal findings visible on flexible fiber optic endoscopy.
- Perform flexible and rigid endoscopy exams.
- Perform flexible and rigid scope exams with appropriate technique.
- Recite the indications and instructions for proper endoscope care.
- Recognize the appropriate use of flexible and rigid endoscope for specific pediatric and adult disorders.

3:15-5:15 **ENT Procedures Workshop 2<sup>nd</sup> Floor Conference Room A/B**

Following this session the participant will:

- Perform removal of nasal foreign bodies.
- Perform control of anterior epistaxis.
- Perform control of posterior epistaxis.
- Recognize indications and demonstrate fine needle aspiration techniques.
- Recognize indications and perform drainage of peritonsillar abscess.
- Recognize indications for tracheostomy and detailed care of tracheostomy patient.

3:15-5:15 **Otology Workshop 5<sup>th</sup> Floor Conference Room**

Following this session the participant will:

- Demonstrate techniques for cerumen removal.
- Demonstrate techniques for foreign body removal from ear.
- Perform manual pneumatic otoscopy examination.
- Perform myringotomy.
- Perform ventilation tube insertion.
- Perform intra-tympanic membrane injection.

**Saturday April 27, 2013**

**LECTURES**

**LOCATION: URIS HALL, 1300 York Ave. Entrance of Weill Cornell Medical College**

6:30-7:30 am **Registration**

7:30-7:45 am **Welcome and Introduction of Conference Directors**

8:00-9:00 am **Performing a Complete Head & Neck Exam**

Speaker: Jose Mercado, MMS, PA-C

Following this session the participant will:

- Identify proper equipment needed for examination.
- Describe how to perform exam in an efficient and thorough manner.
- Recognize normal variants.

9:00-10:00 am **Common Ear Problems**

Speaker: Jeffrey Fichera, PhD, PA-C

Following this session the participant will:

- Recognize clinical findings & diagnosis of Acute Otitis Media, Otitis Media with Effusion, Otitis Externa, and Mastoiditis.
- Discuss medical & surgical treatment of Acute Otitis Media, Otitis Media with Effusion, Otitis Externa, and Mastoiditis.
- Review AAO-HNSF Clinical Guidelines for myringotomy with tympanostomy tube insertion.

10:00-10:15 am **BREAK (Exhibit Hall Open)**

10:15-11:15 am **Swallowing Disorders; Evaluation and Treatment**

Speaker: Ann Wisenberg, SSLP

Following this session the participant will:

- Identify swallowing disorders caused by:
  - Disturbances of the brain such as those caused by Parkinson's Disease, multiple sclerosis, or ALS (amyotrophic lateral sclerosis, or Lou Gehrig's Disease).
  - Oral or oropharynx muscle dysfunction such as from a stroke.
  - Loss of sphincter muscle relaxation (achalasia).
  - Esophageal narrowing such as from acid reflux or tumors.
- Order and interpret appropriate diagnostic modalities.
- Describe appropriate workup and treatment for swallowing disorders/conditions.

11:15-12:15 pm **Care of the Head and Neck Cancer Patient**

Speaker: Debra Munsell, PhD, PA-C

Following this session the participant will:

- Describe pre-operative concerns

- Discuss medical treatment options.
- Recognize post-operative care needs unique to cancer patients

12:15-1:15 pm **Pediatric ENT**  
Speaker: Vikash Modi, MD

Following this session the participant will:

- Recognize specific exam differences unique to pediatric patients.
- Identify signs and symptoms of common pediatric otolaryngology disorders including adenotonsillar hypertrophy, tonsillitis, and pediatric neck masses.
- Develop appropriate medical management plan for the pediatric patient

1:00-2:15 pm **Ask the Experts (Lunch Provided)** Griffis Lounge  
**Exhibit Hall Open**

2:15-3:15 pm **Sinus Disease (Panel)**  
Speaker: Aaron Pearlman, MD

Following this session the participant will:

- Describe the history and physical findings for acute and chronic sinusitis.
- Recognize the appropriate diagnostic recommendations.
- Explain surgical and nonsurgical treatment modalities.

3:15-4:15 pm **Oral Lesions**  
Speaker: David Kutler, MD

Following this session the participant will:

- Identify the differential diagnosis of common oral lesions/disease.
- Describe medical treatment options.
- Recognize indications for biopsy and surgical treatments.

4:15-4:30 pm **BREAK (Exhibit Hall Open)**

4:30-5:30 pm **Salivary Gland Disease**  
Speaker: Marc Cohen, MD

Following this session the participant will:

- Recognize symptoms and physical exam findings in salivary gland disease.
- Describe diagnostic options including sialoendoscopy and indications.
- Explain medical and surgical treatment options.

5:30-6:30 pm **Imaging in ENT; Case Studies**  
Speakers: Jose Mercado, PA-C and Daniel Franks, MD

Following this session the participant will:

- Select appropriate imaging studies for various head & neck conditions including infectious, acquired, congenital, and neoplastic processes.
- Review key anatomical and pathological findings as they relate to head & neck disease.

7:00 pm **WELCOME RECEPTION Harkness Courtyard**

**Sunday April 28, 2013**

**LECTURES**

**LOCATION: URIS HALL, 1300 York Ave. Entrance of Weill-Cornell Medical College**

7:30-8:00 am **Registration**

8:00-9:00 am **Voice Disorders**

Dr. Lucien Sulica

Following this session the participant will:

- Recognize pertinent history and perform indicated examination to identify voice disorders.
- Order and document results of appropriate diagnostic tests to evaluate voice disorders
- Describe available modalities to treat voice disorders.

9:00-10:00 am **Head & Neck Surgical Techniques**

Speaker: Karen Pitman, MD

Following this session the participant will:

- Describe current surgical techniques of thyroidectomy.
- Describe current surgical techniques for neck dissection.
- Describe current surgical techniques for parotidectomy.

10:00-10:15 am **Break (Exhibit Hall Open)**

10:15-11:15 am **Allergic Disease**

Speaker: Dr. William Reisacher

Following this session the participant will:

- Recognize pertinent history and physical exam findings in the allergic patient
- Describe various testing methods interpret and results
- Apply methods and management of desensitization therapy

11:15-12:15 pm **Mastoid Disease**

Speaker: Sujana Chandrasekhar, MD

Following this session the participant will:

- Recognize pertinent history and physical exam findings in mastoid disease
- Describe surgical approach to mastoid disease
- Discuss postoperative findings and management of the "mastoid patient."

12:15-1:30 pm **ENT Coding and Billing (LUNCH PROVIDED) Griffis Lounge**

**Exhibit Hall Open**

Speaker: Marie Gilbert, PA-C (SPA0)

Following this session the participant will:

- Comprehend the Basics of Evaluation and Management (E&M) coding and documentation
- Implement proper coding and documentation for a PA assisting in the operating room.
- Apply proper coding and documentation of ENT office procedures

1:30-2:30 pm **Sleep Apnea: Surgical and Nonsurgical Treatment**

Speaker: Ashutosh Kacker, MD and Jose Mercado, PA-C

Following this session the participant will:

- Describe the long-term and short-term complications of sleep apnea
- Recognize the history and physical findings, including Mueller's Maneuver and Friedman classification, that are helpful in the diagnosis of sleep apnea
- Discuss benefits and risks of surgical and non-surgical modalities of treatment

2:30-3:30 pm **ORL-HNS and the Pregnant Patient**

Speaker: Marie Gilbert, PA-C

Following this session the participant will:

- Describe otolaryngology illnesses and management problems unique to pregnant patients
- Recognize specific signs and symptoms unique to pregnant patients
- Develop appropriate treatment plans to treat otolaryngology disorders in the pregnant patient

3:30-4:30 pm **Dizziness & Vertigo**

Speaker: Miguel Valdez, PA-C

Following this session the participant will:

- Recognize history and physical exam items suggestive of central vs. peripheral vertigo.
- Identify appropriate testing modalities, and treatment options.
- Describe when to refer.

4:30-5:00 pm **Completion of Course Evaluations  
Raffle Drawings**

5:00 pm **Adjourn**